

It's hard not to use a sports cliché when talking about [Chris Pollone](#)'s return to [Alabama's 13](#) this (Monday) evening. He'll be doing so as one of the hosts of [Alabama Tonight](#), the NBC affiliate's new weeknight sports program, for the month of September. Pollone left Birmingham and Alabama's 13 back in December after 11 years. News of his return was first shared via YouTube earlier this month:

Alabama Tonight is also the name of [a blog already being regularly updated on the station's website](#). The show plans to be "your source for SEC and High School Sports," as shared in the bio section of [the show's Twitter account](#). It's probably a lot more fun to hear Chris talk about it himself though, so watch that video up there - and then tune in at 6:30 p.m.

[He seems excited about it too...](#)