



One can hope that most people will in fact ride their bikes to [Railroad Park](#) on Friday morning to take part in the now annual [National Bike to Work Day group ride](#) through downtown Birmingham...

Due to the average commute distance for most working in the city's central business district (or [the time they normally have to leave for work in the morning](#)), it would be OK to forgive a few for bringing the bike into town via a bike rack - for now. There have been several improvements made in the area in the past year, including the installation of bike lanes, particularly along 2nd Avenue South and 14th Street (pictured above). The area around Railroad Park will serve as the starting and ending points for this year's group ride; [the official route \(available in PF format\)](#) will take riders through Central City near Linn Park, Lakeview and the UAB campus.

Event organizers [CommuteSmart](#) and the [Regional Planning Commission of Greater Birmingham](#) have even [created a video](#) to help advertise this year's effort.