

I had the privilege to sit and talk with former [University of Alabama's Crimson Tide](#) captain [Todd Bates](#), a Heflin, AL native who signed as an undrafted free agent with the NFL's [Tennessee Titans](#) in 2005.

Bates was honest about his personal experience with former Titans teammate, quarterback [Steve McNair](#), sharing his thoughts on what McNair's legacy might be in light of [his tragic and untimely death on Saturday in Nashville](#).

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