



Stephen Vinson started [Who Ate My Blog?](#) in February of this year. The purpose of the blog is simple - a friend challenged him to lose 300 pounds between February of this year and April of 2010. If he's successful, his friend has promised him an all-expense paid trip to the [Talladega](#) 500 (complete with limo).

One of Stephen's goals is to walk a 5K; [he's chosen to participate in the 2010 BE&K 5K](#) benefiting [Kid One Transport](#). He's even saying that there may even be some t-shirts made up for those willing to be part of the WhoAteMyBlog.com team... Leave a comment on [his post](#) and let him know if you're interested.