



If you have to make a stop to pick up a couple of items at the grocery today, consider making the trip out to [Whole Foods](#) to do it.

The Austin-TX based grocer selects a non-profit organization in each community it operates in once a quarter to receive 5% of one day store profits. The first organization to receive that donation from the recently opened [the Mountain Brook location](#) will be [Jones Valley Urban Farm](#) (JVUF).

The monies collected will benefit **Seed 2 Plate**, a program that is a collaboration between JVUF and the [Culinard Institute](#) to deal with the issue of childhood obesity. Please [click here](#) to learn more about the program.

Of course, if you can't make it today, you can always stop by [The Gardens of Park Place](#) downtown Monday-Thursday from 4 - 6 p.m. and peruse [their after work farm stand](#).