Today we're making sure you know about free ice cream day and free pancake day? Today we're making sure you know about free doughnut day. The first Friday in June is always National Doughnut Day. Really, I'm not making this up. Head to your nearest **Krispy Kreme** (here are the metro area locations) and pick up a chocolate glazed or raspberry-filled treat. It's your choice. And because those doughnuts are made hot and fresh all day long, don't worry that you missed out on breakfast. You can stop by for an afternoon snack or make it your lunch. We're not judging, just enjoying.